# Annex 3 - Mentorship Programme Template

GUIDELINES

The mentorship programme would help the post-doc (mentee) during his/her career, while also giving new opportunities to the mentor.

In order to find the best suitable solution, every mentee is asked to fill in this form.

Professors or experts working in the private sector willing to be mentors should fill in this questionnaire as well.

The questionnaire should be completed in English and submitted along with the mandatory supporting documents. All sections of the form should be completed.

For any question, please contact …..@......

# Compiling as:

# Mentor

# Mentee

## Personal Information

|  |  |
| --- | --- |
| Name |  |
| Gender |  |
| Institution |  |
| Location |  |
| E-mail |  |
| Research Area |  |
| Language(s) in which you feel confident to exchange |  |

## Interest Identification

# This section aims to identify the mentees’ needs and the areas the mentors would like to share their experience. This will enable the EDUC team to make the most appropriate matches.

# Please specify your interest for each item (add an “X” choosing one column per row).

|  |  |  |  |
| --- | --- | --- | --- |
| Interests | Low | Medium | High |
| Self-confidence improvement |  |  |  |
| Leadership improvement |  |  |  |
| Work/Personal life balance |  |  |  |
| Intercultural competences |  |  |  |
| Time management |  |  |  |
| Networking, communication, visibility |  |  |  |
| Work and project management |  |  |  |
| Career planning and development |  |  |  |
| Innovation and entrepreneurship |  |  |  |
| Others: \_\_\_\_\_\_\_\_\_\_\_ |  |  |  |

## Actions

|  |
| --- |
| Intersectoral & multidisciplinary dimensions |
| Please specify your interest in intersectoral or multidisciplinary dimensions: |
|  |

|  |
| --- |
| Mobility & training (only for mentee) |
| Please specify your preferences in mobility and training periods: |
|  |

|  |
| --- |
| Commitment |
| Please specify how often you would like to meet with the mentor/mentee: |

|  |
| --- |
| Other relevant information |
| Do you wish to share any other information that might be helpful in finding a match? |

|  |
| --- |
| Expectations |
| What do you expect from the mentoring programme? |
|  |