

Psychology MA Final Exam Topics
Specialization in Counselling and School Psychology

1.

A Describe the stages of the counseling process, the basic principles, factors and goals. What is transference, countertransference and how to work with them during counselling?

B Describe different tools and methods which could help children to cope with anxiety (coping cat, desensitization, relaxation techniques).

2.

A Describe the transtheoretical model of change (stages of change).

B How can you improve social skills and group cohesion in the classroom environment? In which cases and how would you conduct sociodrama?

3.

A Describe the Seven Stages of Process by Carl Rogers. How can you identify the stage your client currently is in? How can you work with these stages during counselling?

B Why and how would you use sociometry in a classroom?

4.

A Describe the crisis in the counselling process (types, symptoms, stages).

B How would you map the current state of a school and assess the difficulties and the future possibilities?

5.

A Describe the major issues addressed in the counselling (eg. transference, life crisis, grieving).

B Describe how to approach career counseling for high school students (tools and methods).

6.

A Describe the stages of the couple and family counselling process, the basic principles, factors and goals.

B Introduce a prevention or intervention program of your own choice (which area, age group, etc).

7.

A Describe the tasks and duties of a school psychologist and the working attitude (system based approach)

B Describe the main theoretical and methodological processes of counselling from a cognitive-behaviour therapy (CBT) standpoint?

8.

A Describe the methods and process of assessment in school psychology.

B Describe the work with genogram in counselling!

9.

A Describe the system oriented view of schools.

B Describe the drawing tests that you can use in counselling!

10.

A How to conduct intervention/prevention programs in school.

B What are the technical / methodological considerations of family counselling involving children?

11.

A Describe the social, emotional and behavioral aspects of gifted and/or special need children in the classroom

B How to set boundaries in counselling and why do we need them?

12.

A Describe the behavioral issues in the school system (types, causes, effects, participants, possible solutions).

B Describe the Micro Skills used in counselling and their effect!