



Faculty of Humanities Institute of Psychology

Ifjúság st. 6., Pécs H-7624 Phone: (72) 501-516; (72) 501-500/24609

# Situations for Entrance Examination Psychology MA Program

Pretend that you are a psychologist dealing with one of the following cases.

- 1. Put the case in a theoretical frame of your own choice and explain the background and your understanding of the problem.
- 2. Develop a plan to solve the case and help the client(s).

## **Situation 1.** (School Psychology)

Imagine that you are the school-psychologist of a school in Pécs. There are 30 teachers teaching and about 300 children learning in the school. Since the beginning of the school year it makes a serious problem that the behavior of the students is hardly manageable. In classes they usually make separate conversations or using their smartphones. The teachers cannot teach the expected amount of knowledge and the results of this are recognizable in the midterm grades. In breaks and in free time the situation is not better. As the teachers cannot control the school life expectations and behavior, there are usual fights and accidents outside. In the last 5 months they had to call the ambulance for help 6 times. The school staff decided to start a new reformation process in school life that is based on common responsibility among teachers and students.

#### **Situation 2.** (School Psychology)

Pretend that you work as a school psychologist in a very small school in the rural South-Hungary. In the school there are 18 teachers and 120 kids. In the 6th grade the main teacher reports that one of the boys' behavior radically changed in the past few weeks. He started to withdraw himself, always sat alone and his performance decreased. You sit down with him and turns out that he was mocked on Facebook for being poor and having cheaper clothes and shoes than the others. Several kids from the class were involved and even those who were not against him, didn't do anything to stop this.

## **Situation 3.** (School Psychology)

You are the school-psychologist in a school of a little village. Overall 60 children are going to this school and 8 teachers are teaching them. The kids are coming with the school bus each morning from the surrounding villages. Most of their families have low socio-economical state; the parents are even unemployed or working the whole day to be able to supply their families. The children show low school performance, but the biggest problem is that they do not have goals and a view of the future.





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## **Situation 4.** (School Psychology)

Pretend that you are a psychologist in a high school. In this school 70 teachers are working, and 800 students are going here. Most of the students have good abilities, their performance is exceptional. There are no behavioral issues present in the school, all the students are learning, preparing for graduation and entrance exams for the university. Speaking with the kids you have the experience that you count in the community only if you want to be a lawyer or an economist. Several kids tell that they would have different interests, but they do not want fall behind the others or being excluded from the community, so they are choosing the vocations mentioned above. Several of them reported anxiety and stress as they feel that they cannot meet the expectations meanwhile they cannot be themselves. The teachers have already recognized the situation but because of the reputation of the school and the expectations of the parents they haven't done anything yet.

## **Situation 5.** (Counselling Psychology)

22 years old female client. Her problem is that she studies medicine, and there are several difficult exams to pass. Normally she has no symptoms but as the exam period is coming weird things start to happen. She cannot go out from the flat where she lives because she feels that somebody would attack her on the street. She cannot use public transport because she feels that everybody is staring at her. She lives with two other girls in a flat. She has no romantic relationship because she has no time for that. There are some friends around, but they also must learn a lot. Her parents are doctors and they want her later to take over their praxis.

## **Situation 6.** (Counselling Psychology)

15 years old girl comes with here mother to counselling. They explain that in the past few months they have serious conflicts with each other regarding school issues, home life, private life etc. Previously they had an exceptional relationship. Both the father and mother work a lot and they would like to spend their free time together. The daughter is an only child. They have very few relatives, neither cousins nor grandparents. The mother expresses that she is worrying about her daughter as her grades decreased in the school this year and she is more interested in her peers than in learning and preparing for the university. She is always on Facebook chatting with her friends, even with guys. The mother just wants her nice, pretty daughter back.

## **Situation 7.** (Counselling Psychology)

25 years old male client. He came to you with a relationship problem. He had a girl-friend for 3 years, but she cheated on him and he could not work it up, so they broke up. It happened 3 months ago. Since then he is not able to open himself for other girls he feels himself helpless and lonely. Even his sexual activity is radically decreased. About the background: he was an only child. He was brought up by his father as at the age of 3 his mother left the family for another guy. He studied math at the university now he is teaching in a high-school. He has his own flat where he lives. He has some friends with whom he can go out sometimes.





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## **Situation 8.** (Counselling Psychology)

23 years old female client. She got cancer when she was 14. She spent 3 years in hospitals getting different medical therapies. Finally, she recovered and has no symptoms for 6 years now. She is a university student, studies chemistry, she is in her 4th year. She was always a good learner, she gets mostly 5-s on exams. Her problem is that in the last view months she experiences panic symptoms when she starts to learn or when she needs to perform at the university. At these times, she can just sit alone and cry. She has a very good relationship with her family and has several friends but never had any romantic relationship. She is always busy with her studies and she says that she has no free time, there is always something to do from early in the morning till late night.