

## **Topics of Personality Complex Exam**

1. Definition of Personality, main methods of behavior analysis (documentations, depth psychological analysis, tests, questionnaires)
2. Traditional and modern typologies of personality, temperament theories (Typology of Galen and Hippocrates, Kretschmer, Sheldon; Modern theories (Thomas Chess, Buss Plomin, Kagan etc.))
3. Biological and evolutionary determination of Personality (Biological system behind the personality ARAS (Eysenck, Gray), hormones (Cloninger), familial heritage (Szondi)
4. Beginnings of modern Personality Psychology (Allport, Cattell)
5. Trait theory of Eysenck and Gray
6. Development and system of the Five Factor Model
7. The HEXACO Model
8. Main concepts of Sigmund Freud (concept of unconscious, topographical and structural model of the self, libido)
9. Dynamics of Personality in Psychoanalysis (Cathexis, Anti-Cathexis, Eros, Thanatos, Anxiety, Defense mechanisms, concept of development)
10. Individual Psychology of Alfred Adler
11. Neoanalytic approach of E. H. Erikson.
12. Analytic Psychology – C. G. Jung
13. Fateanalytic theory of Leopold Szondi
14. Cognitive Learning Theories of Personality (Watson, Skinner, Dollard-Miller)
15. Social-Cognitive Learning Theories (Mischel, Bandura)
16. Self-regulation theory (Bandura, Baumeister)
17. Theory of Personal Constructs (Kelly)
18. Psychobiological Theory of Cloninger
19. Phenomenological and Humanistic Approach of Psychology (Rogers, Maslow)
20. Positive Psychology (Seligman, Csíkszentmihályi)
21. The Whole Trait Theory